

NOVA SCOTIA 55PLUS GAMES



2009

YARMOUTH; NS

September 24, 25 and 26, 2009

Information:

Frank Grant 902-742-8868

P.O. Box 152, Yarmouth, NS B5A 4B2

frankg@district.yarmouth.ns.ca

<http://www.novascotia55plusgames.com>

Who can participate?

The NS 55Plus Games are open to all Nova Scotians who will be at least 55 years of age by December 31st, 2009. Participants must adhere to the rules of their event(s) as found on the Official Nova Scotia 55 plus games website.

Events that will be offered.

Cribbage	Horseshoes
Slo-Pitch	Baseball
Contract Bridge	Candlepin Bowling
Swimming	Golf
Duplicate Bridge	Track and Field
Tennis	Badminton
Floor Shuffleboard	Washer Toss
Curling	Hockey
Darts	8 Ball Pool
"Mind" Games	Timed Walking
5 Pin Bowling	A "fun" golf scramble
Skeet Shooting	45's
Crokinole	.22 target shooting
UNO	Skip Bo
Scrabble	Snooker
Geo caching(car needed)	

There will be an opportunity to display arts and crafts Wednesday and Thursday evenings.

Registration Fees

Participant (can play as many events as schedule allows)\$25
Registered Non-participant evening programs (banquet and special trips may be extra) \$15

Special Fees: there will be special fees for some activities due to cost of some facilities....

Bowling singles \$10.00 (five games) Team \$6.00 (for each team member - three games), Swimming \$10.00, Golf- competition \$40, Golf Scramble \$20, Curling TBA, Hockey TBA, Baseball TBA, Slo-pitch TBA, 8-Ball singles \$5.00, doubles \$3.00 each, Skeet Shooting and .22 target shooting TBA

Saturday Night Banquet and Dance

A full night of festivities; opportunity to enjoy a fine dinner followed by a live band featuring the music of the 50's, 60's and 70's.

Participants..... \$20.00

Registered Non-participants.... \$25.00

Registration forms must be received no later than 15 August, 2009. Please send to...

55Plus Games c/o Frank Grant
P.O. Box 152, Yarmouth, NS
B5A 4B2

How to Register

Registrations forms will be available through 55Plus Society Directors, local recreation directors, on the 55Plus webpage, and you can register via email or telephone. Please complete the medical form as well.

Tentative Schedule-

subject to change due to numbers

Thursday, September 24, 2009

Registration every day at the Grand Hotel- all day

1:00 p.m. Crokinole; Mind Games; Golf; 45's, geo caching; track and field; timed walking and .22 target shooting

6:30 p.m. Official opening

7:00 - 9:00 p.m. Nightly entertainment

Friday, September 25, 2009

9:00 a.m. Candlepin Bowling (singles); Cribbage; 8-Ball; Darts (singles); Tennis (singles); Duplicate Bridge; Hockey; Baseball; Golf; UNO

1:00 p.m. Candlepin Bowling (team); Darts (doubles); Tennis (doubles); Swimming, Skeet

Shooting, Shuffleboard; Slo-pitch, Hockey and baseball teams will be notified re: schedules.

7:00 - 9:00 p.m. Nightly entertainment

Saturday, September 26, 2009

9:00 a.m. Badminton (singles); Horseshoes; Skip-Bo; 5 Pin Bowling (singles); Fun Golf Scramble; Hockey; Slo-pitch; Baseball; Curling; Contract Bridge; Washers

1:00 p.m. Badminton (doubles); 5 pin bowling (doubles); Hockey; Slo-pitch; Baseball

6:00 p.m. to midnight Closing banquet/Dance

Sunday, September 27, 2009

Hockey and Baseball if required

Please note:

Mind Games- consists of Sudoku, Lexicon, Cryptoquote and a Crossword Puzzle.

Golf- 36 holes event -18 in Yarmouth (Thursday) and then 18 in Pubnico (Friday), Saturday a fun golf scramble at the River Hills Course in Clyde River. 5-Pin Bowling will be held in Shelburne and Curling in Barrington. All other events will take place in the Yarmouth area.

Also please understand the core event winners will be

given the opportunity to take part in the 2010 Canada Games being held in Brockville, Ontario but be also aware that not all events will be offered in 2010 Canada Games.

Yarmouth Area Accommodations

Hotel

Rodd Grand - location of all card and board games; evening events and banquet/dance - 902-742-2446

Motels:

Rodd Colony Harbour Inn - 902-742-9194

Comfort Inn - 902-742-1119

Best Western Mermaid - 902-742-7821

Gallagher's Mid Town Motel - 902-742-5333

El Rancho Motel - 902-742-4256

Voyageur Motel - 902-742-7157

Bed & Breakfast

Guest-Lovitt House - 902-742-0372

Harbour's Edge B&B - 902-742-2387

Murray Manor - 902-742-9625

Camp Grounds:

Camper's Haven Campground 902-742-4848

Lake Breeze Campground & Cottages 902-649-2332

The establishments listed above have given special rates so mention the 55plus games when making reservations. Others offering lodging can be found at:

<http://www.yarmouthcounty.com/accommodations.html?source=www.yarmouthcounty.com>